VHTRC Waterfall 50 km



From Rt 211 take **white**-blazed Massanutten Connector Trail (dirt road for 1.1 miles, then left for 0.7 mile on single track trail).

Left on **orange**-blazed **Massanutten Trail**, and begin *steep* climb up Waterfall Mountain.

At mile 3, cross Crisman Hollow Road. Continue on **orange**-blazed Massanutten Trail for 4.7 miles along rocky crest of Kerns Mountain.

Essential Info

Date	Sun Jan 17, 2027
Start time	8:00 am
Run start/finish	Route 211 east trailhead (38.6411°N, 78.5903°W)
Distance	31.2 miles
Total ascent/descent	7,500 feet
Aid stations	1. Gap Creek (8.7 miles) 2. Massanutten Visitors Center (19.8 miles)
In charge	Mike Bur (301) 404-6452

At Jawbone Gap, take a **right** onto **blue**-blazed Jawbone Gap Trail for 1.2 miles to a gate, then take a right onto **Crisman Hollow Road** to reach **Gap Creek aid station** (mile 8.7).

From the aid station, look for the footbridge across Passage Creek and the **blue**-blazed **Gap Creek Trail**. Climb for 1.25 miles, and at intersection with yellow-blazed Scothorn Gap Trail, turn **left** (uphill) to continue on blue to Peach Orchard Gap.

In the saddle, look **left** for the **white**-blazed trail to Duncan Knob. It is a 0.5-mile total out-and-back to the spectacular view. The second half of the climb is a rock scramble. Retrace your steps back to the saddle.

Descend (**left**) on the **blue**-blazed **Gap Creek Trail** into Duncan Hollow. Turn **right** on the **orange**-blazed **Massanutten Trail**, and ascend up Duncan Hollow for 2 miles and then descend for another 0.65 miles to a four-way intersection at the yellow-blazed Scothorn Gap Trail. Take a **hard left** to continue on the **orange**-blazed **Massanutten Trail**.

Descend 2 miles down Big Run and, where the orange-blazed Massanutten Trail meets the white-blazed Massanutten Connector Trail, turn **right** to stay on the **orange**-blazed **Massanutten Trail** and to ascend Waterfall Mountain for a second time.

After 1.2 miles, reach Crisman Hollow Road and take a **left**. Follow for 2.3 miles down to Rt 211. **Cross** Rt 211 and bear **left** 100 yards to Massanutten Visitors' Center parking lot and the **second aid station** for this training run at mile 19.8 (AS #12 during MMT).

Take **white**-blazed Wildflower Trail from the Visitors' Center for 0.3 miles. Then turn **right** on **orange**-blazed **Massanutten South Trail** and begin the climb up Bird Knob. After 1.85 miles, take a right onto **white**-blazed **Bird Knob Trail** and follow for 2.2 miles.

Take a right onto **orange**-blazed dirt road (Big Mountain Road) and follow for 0.4 miles to **purple**-blazed Roaring Run Trail. (Wooden post at trailhead, on left at top of first climb on road section.)

Left on **purple** 1.0 mile up and then down to intersection with **pink**-blazed **Browns Hollow Trail**. Take a **left** on **pink** for 4.2 miles to **orange**-blazed **Massanutten South Trail** Trail. Take a **sharp right** (*If you reach a gate you have gone about 100 feet too far!*) for 1.6 miles to **finish** at Route 211 parking lot.

