

# Kerry's Death March

A figure-eight loop featuring Overall Run Falls, Hogback Mountain, Little Devils Stairs, Elkwallow Wayside, and a fantastic swimming hole at the end.  
 25.7 miles • 6,040 feet of ascent

## Section A (5.5 miles)

1. From trailhead, follow blue blazes onto **Thomson Hollow Trail** into the park.
2. **Mile 0.9:** left onto **Tuscarora/Overall Run Trail**, passing Overall Run Falls on 2,500 foot ascent.

## Section B (6.7 miles)

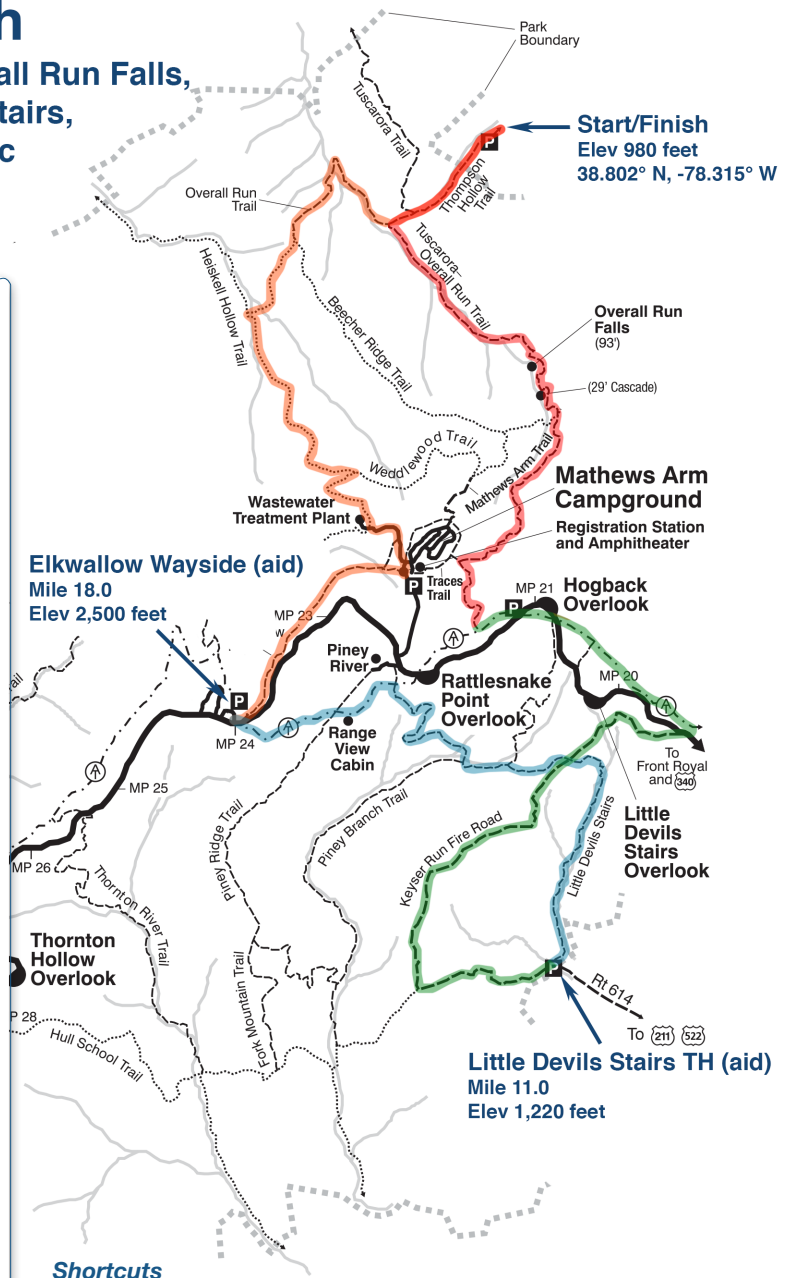
1. **Mile 5.5:** Left on white-blazed **Appalachian Trail** to Hogback Overlook.
2. **Mile 7.8:** Right onto **Keyser Run Fire Road**, passing through Fourway intersection.
3. **Mile 11.1:** Left after passing cemetery.

## Section C (5.8 miles)

1. **Mile 12.2:** Climb up Little Devils Stairs to Fourway intersection.
2. **Mile 14.1:** At Fourway, continue straight on **Pole Bridge Link Trail**.
3. **Mile 15.1:** Right on **Piney Branch Trail**.
4. **Mile 16.6:** Left on white-blazed **Appalachian Trail (AT)**.
5. **Mile 18.0:** Arrive at **Elkwallow Wayside** (snack bar in season).

## Section D (7.7 miles)

1. Follow **Elkwallow Trail** to Mathews Arm Campground
2. **Mile 19.9:** Run down the road, bearing left after the ranger station.
3. **Mile 20.3:** Right on **Heiskell Hollow Trail**.
4. **Mile 21.1:** At intersection with Weddlewood Trail, stay left on **Heiskell Hollow Trail**.
5. **Mile 22.8:** Right on **Beecher Ridge Connector Trail**.
6. **Mile 23.6:** Left on **Beecher Ridge Trail** to junction with **Overall Run/Thomson Hollow Trail**. Look for swimming hole on right.
7. **Mile 24.8:** Left on **Thomson Hollow Trail** back to trail head



## Shortcuts

There are several options to cut the run short. After taking in the view from Hogback Overlook, double back on the Appalachian Trail and go south to Elkwallow Wayside. From there, run **Section D** back to the car. This is about 16.5 miles. Another option is to skip the Little Devils Stairs Loop, which will eliminate 5.5 miles.

